

FOR REGISTRATION
Youth Ages: OPEN 8-19
June 19-July 17
9am-12:30pm

SUMMER CAMP 2019

INTERAMERICA FC
ARCHBISHOP COLEMAN CARROL HIGH SCHOOL
10300 SW 167 AVE MIAMI FL, 33196
NEXT LEVEL SOCCER TRAINING

CONTACT INFO:
786-348-5832
786-326-2710
EMAIL: interamerica
fclub@gmail.com



SOCCER SUMMMER CAMP 2019

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- TRAINING FOR EVERY SKILL
- TECHNICAL:
Dribbling/ballcontrol,passing,receiving shooting/striking and heading.
- TACTICAL: Understand dynamics of play through numbers,1v1,2v2 and drills including attacking, defending and ball movement.
- MATCH STRATEGY: Speed of play, buildups, changing point of attack, team shape and applying pressure
- POSITION-SPECIFIC:Master speed and agility,buildpower, increase endurance, aerobic capacity and reduce chance of injury
- MENTAL: Pre-match routines, preparation, emotional control and addressing adversity

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