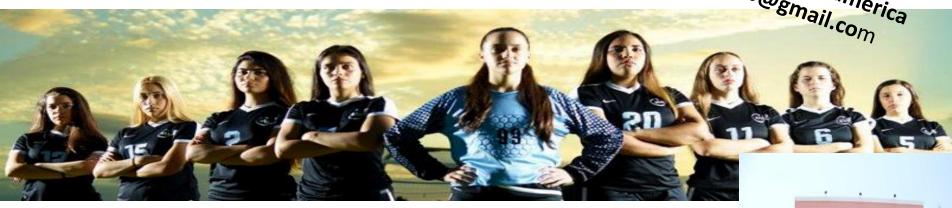
SUMMER CAMP 2019

FOR REGISTRATION Youth Ages:OPEN 8-19 June 19-July 17 June 12:30pm

INTERAMERICA FC
ARCHBISHOP COLEMAN CARROL HIGH SCHOOL
10300 SW 167 AVE MIAMI FL,33196
NEXT LEVEL SOCCER TRAINIG

CONTACT INFO:
786-348-5832
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Folub@gmail.com





SOCCER SUMMER CAMP 2019

INTERAMERICA FC

interamericafclub@gmail.com
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10300 SW 167 AVE MIAMI FL,33196

NEXT LEVEL SOCCER TRAINING

- TRAINING FOR EVERY SKILL
- <u>TECHNICAL:</u>
 Dribbling/ballcontrol, passing, receiving shooting/striking and heading.
- TACTICAL: Understand dynamics of play through numbers, 1v1, 2v2 and drills including attacking, defending and ball movement.
- MATCH STRATEGY: Speed of play, buildups, changing point of attack, team shape and applying pressure
- POSITION-SPECIFIC: Master speed and agility, build powers increase endurance, agree capacity and reduce chance of njury.
- MENTAL: Pre-match routines, preparation, emotional control and addressing adversity

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